

# 2018 NATIONAL CONFERENCE SANDPLAY THERAPISTS OF AMERICA

Affiliate, International Society for Sandplay Therapy/ISST

## *Transformation in Sandplay through Image, Story and Ceremony*



THURSDAY, NOV 8-  
SUNDAY, NOV 11, 2018  
ALBUQUERQUE, NM  
CROWNE PLAZA HOTEL  
1901 UNIVERSITY BLVD NE  
ALBUQUERQUE, NM 87102

Keynotes: Harriet Friedman, CST-T, LMFT, JA  
and Marion Anderson, CST-T, PhD, JA  
Special Guest Keynote: Donald Kalsched, PhD, JA  
Navajo Celebrant: Lorenzo Jim

### **Co-Sponsored by Chesapeake Beach Professional Seminars**

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**REGISTER EARLY AND SAVE!**

[www.sandplay.org](http://www.sandplay.org)

or

[www.whova.com/portal/registration/stana\\_201811/](http://www.whova.com/portal/registration/stana_201811/)

# CONFERENCE DESCRIPTION

## *Transformation in Sandplay through Image, Story and Ceremony*

*The hands are the mediators between spirit and matter, between an inner image and an actual creation. By handling, the existing energies become visible.*

*Ruth Ammann*

Sandplay therapy is a non-verbal, expressive therapeutic method developed by Dora M. Kalff, drawing upon the works of Swiss psychiatrist C.G. Jung and the pioneering English pediatrician and play therapist Margaret Lowenfeld. At this national conference, we will explore sandplay as an embodied, symbolic approach to healing.

Both Jung and Lowenfeld focused on the healing aspects of play. We know that Jung created structures on the shore of Lake Zurich as a way of working out inner conflict. In London, Margaret Lowenfeld observed the change that occurred in traumatized children as they played and told their stories. Jung's life work centered on images of transformation in which "the psyche tells its own story." Kalff incorporated these ideas in developing her approach, enriched by her personal connection with Tibetan and Zen Buddhism.

The sandplay process provides an immediate body experience and, over time, has the capacity to reawaken the imaginative and creative forces lying deep in the client's psyche. In so doing, the sandplay process tells a profound story. Often therapists witness and hold rituals with a client - the sprinkling of dry sand or water over elements in the tray, or the lighting of candles. These ceremonial actions restore "the soul to embodied life" (Donald Kalsched)

Keynote and plenary sessions will focus on integration of the roots of sandplay with findings from neuroscience, a Jungian emphasis on psyche as embodied, and experiential approaches that complement the sandplay process.

## About

# *Sandplay Therapists of America*

Sandplay Therapists of America (STA) is a non-profit professional organization established in 1987 to promote education, training, and research in sandplay therapy. STA is the US affiliate of the International Society for Sandplay Therapy (ISST), which promotes professional development in sandplay in the tradition of the Swiss analyst Dora M. Kalff, based on the theories of C.G. Jung. STA sponsors a national conference alternating yearly with a national assembly.

Sandplay Therapists of America publishes the peer-reviewed *Journal of Sandplay Therapy*, offers a two-year training through the Sandplay Therapy Institute, and supports regional groups and trainings throughout the US.

STA members contribute to the field of sandplay therapy through casework, writing, research, and mentoring trainees to become Sandplay Practitioners (SP), Certified Sandplay Therapists (CST), and Teaching Members (CST-T).

To learn more about Sandplay Therapists of America, visit our website at [www.sandplay.org](http://www.sandplay.org).

### Invitation and Acknowledgements

The Board of Trustees of STA and the 2018 Conference Committee are pleased to invite you to join us for *Transformation in Sandplay Through Image, Story and Ceremony* with Keynote Speaker Donald Kalsched, and Special Plenary Speakers Harriet Friedman, CST-T and Marion Anderson, CST-T.

Program Committee: Sally Sugatt (chair); Linda Nelson, Stephen Olmsted, Ellen Saul and Janet Tatum.

Operations Committee: Jill Kaplan (Chair); Anita LaCour and Gretchen Watts.

Auction Co-Chairs: Roger Higginbotham and Bonnie Miller.

Continuing Education and APT Credits: Sally Sugatt.

Vendors: Gretchen Watts and Sahnta diCesare-Panutti.



# *Learning Objectives*

## *TRANSFORMATION IN SANDPLAY THROUGH IMAGE, STORY AND CEREMONY*

1. Describe how Kallfian Sandplay promotes psychological healing and growth that takes into account the conscious and unconscious.
2. Identify three clinical and play therapy skills demonstrated in case presentations and the application of Jungian and Kallfian viewpoints on healing and transformation.
3. Identify three practices which use active imagination, movement, art, ceremony and/or mindfulness in the clinical work of sandplay and play therapy.
4. Demonstrate how the process of sandplay therapy uses image, symbol and story to promote healing.
5. Identify three examples from case presentations to illustrate how sandplay therapy can establish re-connection with lost parts of the Self, particularly in trauma cases.
6. Identify three contributions from contemporary neuroscience and research in sandplay relevant to the treatment of somatic and emotional disturbances.

THURSDAY  
NOVEMBER 8  
MORNING



## PRE-CONFERENCE WORKSHOPS

An additional fee applies for the day.

8:00 - 9:00 AM

REGISTRATION: 8:00 - 9:00 AM

9:00 – 10:30

10:30-10:45 BREAK

10:45-12:15

PRE-CONFERENCE: THURSDAY MORNING 9AM - 12:15PM

### YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS

#### The Hands Know How to Solve the Riddle: Sandplay Fundamentals, Part I

Betty Jackson, LCSW, CST-T (Pennsylvania) and Kar Kin Kwok, MSW, ISST (Hong Kong)

"The hands know how to solve a riddle with which the intellect struggles in vain." C.G. Jung. This course introduces the fundamentals of Sandplay/ play therapy as developed by founder Dora M. Kalff, identifying three dominant streams of influence; Lowenfeld World Technique, the theories of C. G. Jung, and Eastern philosophy and religion. The course will include an overview of the tools of Sandplay, description of the basic practice technique for both child and adult clients, and an explanation of the recognized stages of Sandplay process. Participants will gain an understanding of what makes Sandplay therapy unique and what differentiates it from other therapeutic modalities using sand and/or miniatures. Course content will be illustrated with case material and enhanced by a number of experiential exercises using sand and miniature figures.

**LEVEL: INTRO 3 CE HOURS**

**APT CREDIT**

#### The Alchemical Nigredo, Albedo & Rubedo: Stages of Transformation in Art, Dreams and Sandplay, Part I

Lynne Ehlers, PhD, CST-T (California)

The Alchemists' Quest to transform lead into gold unfolded in stages, from the Nigredo (black), to the Albedo (white) and finally, to the Rubedo (red). These stages may be used to understand the process of change in the human psyche (Ehlers, 1993). Using images from art, dreams and clinical practice, we will deepen into the meaning and impact of these stages in our clinical work, emphasizing the *coniunctio* and integration of archetypal masculine and feminine energies in the psyche. The second half of the program is a case study of a deeply wounded woman's heroic twenty-year transformational journey through these alchemical stages using sand play therapy: from addiction, despair and the self-destructive behavior of her past to a radiant new, more balanced life.

**LEVELS: ALL 3 CE HOURS**



THURSDAY  
NOVEMBER 8  
MORNING



## PRE-CONFERENCE WORKSHOPS

An additional fee applies for the day.

### Maui, Bringer of Light: Healing Stories for Dark Times, Part I

Lorraine Freedle, PhD, MSW, EdS, CST-T (Hawaii) and Vince Pastore, PhD, LP, CST-T (North Carolina)

Myths and fairy tales predate recorded time and are important for study in sandplay and play therapy. These stories present us with blueprints of what it means to be human and guide us in the process of individuation. Trauma can cause disruptions that sever us from these ancient stories. Maui, the trickster and Polynesian demi-god is a young hero who brings light to his people in dark times. This workshop introduces the myth of Maui and its emergence in the co-transference of sandplay and play therapy to guide a young man from the darkness of immense traumatic grief to the light of his own psychic birth. Through experiential activities, participants also explore stories of darkness and light in their lives and in our present culture.

**LEVELS: ALL     3 CE HOURS**

12:15 – 1:30  
LUNCH

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12:15 – 1:30 LUNCH – on your own or pre-purchase

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THURSDAY  
NOVEMBER 8  
AFTERNOON

1:30 - 3:00  
3:00 - 3:15 BREAK  
3:15 - 4:45

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PRECONFERENCE: THURSDAY AFTERNOON 1:30-4:45 PM

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**YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS**

### The Hands Know How to Solve the Riddle: Sandplay Fundamentals, Part II

Betty Jackson, LCSW, CST-T (Pennsylvania) and Kar Kin Kwok, MSW, ISST (Hong Kong)

See Morning Sessions for session description.

**LEVEL: INTRO     3 CE HOURS     APT CREDIT**



## PRE-CONFERENCE WORKSHOPS

An additional fee applies for the day.

### The Alchemical Nigredo, Albedo & Rubedo: Stages of Transformation in Art, Dreams and Sandplay, Part II

Lynne Ehlers, PhD, CST-T (California)

See Morning sessions for Session Description.

**LEVELS: ALL     3 CE HOURS**

### Maui, Bringer of Light: Healing stories for dark times, Part II

Lorraine Freedle, PhD, MSW, EdS, CST-T (Hawaii) and Vince Pastore, PhD, LP, CST-T (North Carolina)

See Morning sessions for Session Description.

**LEVEL: ADVANCED     3 CE HOURS**

### Ethical Issues in Sandplay Practice and Supervision, Part I

Sana Loue, PhD, MPH, LICSW, CST-T (Ohio)

This 2-part workshop includes lecture and interactive components. The first 3 hours will focus on ethical issues in sandplay therapy, including issues related to client capacity, informed consent, documentation, electronic communications, confidentiality and mandated disclosures, boundaries violations, dual relationships, and conflicts of interest. The second 3 hours will focus on issues arising in the context of supervision, including the distinction between supervision and consultation, documentation of supervision, the gatekeeping function of the supervisor, and transference and countertransference (client-supervisee, supervisee-supervisor, and client-supervisor). Conference participants are permitted to register for the first part, the second part, or both parts.

(Part II on Saturday, 1:30-5:00)

**LEVELS: ALL     3 CE HOURS**

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### 3:00 – 5:00PM Conference Registration

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### 6:00 – 7:00PM Associate Members Reception

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Associate Members of Sandplay Therapists of America join year-to-year and receive the *Journal of Sandplay Therapy*, as well as reductions in registrations at conferences. We are proud of our Associate Members and want to thank them especially at this reception. Light hors d'oeuvres will be provided along with a cash bar. We hope to see many of our Associates at this Reception and all conference attendees are welcome to attend.

THURSDAY  
NOVEMBER 8  
AFTERNOON

THURSDAY  
EVENING  
RECEPTION

THURSDAY  
NOVEMBER 8  
EVENING



# STA CONFERENCE PROGRAM

OPENING SESSION  
7:00 - 9:00 PM

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## OPENING

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**YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS**

### Transformation in Sandplay through Image, Story and Ceremony

The President of Sandplay Therapists of America welcomes the conference participants and explains the history of Jungian/Kalffian Sandplay Therapy, its three roots—CG Jung, Margaret Lowenfeld, and Eastern contemplative practices—and its current relationship to play therapy and to the field of evidence-based trauma treatment.

Sally Sugatt, LCSW, CST-T (New Hampshire), Linda Nelson, LCSW, CST-T (New Mexico), and Lorenzo Jim (New Mexico)

### Painting with Sand: A Dine' Traditional Therapeutic Approach

This presentation will provide insight and knowledge for therapists on the unique cultural aspects of using sand and colors as a therapeutic course of healing for the mind, body and spirit. Lorenzo will help us explore the relationship between Dine' (Navajo) traditional medicine and sandplay, as he shares ways in which the use of sand can provide healing and restore balance. Mr. Jim's presentation will begin on Thursday night, continue on Friday and Saturday mornings, and culminate on Sunday morning.

**LEVELS: ALL    2 CE HOURS**



FRIDAY  
NOVEMBER 9  
MORNING



# STA CONFERENCE PROGRAM

REGISTRATION  
OPEN  
8 - 8:30 AM

8:15 - 8:25 AM  
OPENING

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## OPENING CEREMONY

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Opening Ceremony with Lorenzo Jim

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## KEYNOTE ADDRESS

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### YOU MUST SIGN IN AND OUT OF THIS SESSION FOR CE CREDITS

#### Transformation in Sandplay from Dora Kalff to Contemporary Practice

Harriet Friedman, MFT, CST-T (California) and Marion Anderson, PhD, CST-T (California)

This Keynote address will address the importance of transformation of image and story in the collective and individual context and how this plays out clinically through sandplay/play therapy. Harriet Friedman will share her transformative experience, initiated through her personal sandplay work with Dora Kalff. As a result of this experience, she experienced changes in her clinical work as well as a deeper connection to her own psyche. Marion Anderson will reflect on the transformations that have occurred in the field of sandplay/play therapy since Dora Kalff's time and the growing possibilities still awaiting us. A case presentation of a client who suffered childhood trauma will illustrate the process of individual transformation through sandplay. The images of this case will add clinical illustrations from the field of sandplay to Donald Kalsched's Jungian approach to trauma.

**LEVELS: ALL     1.5 CE HOURS**

BREAK  
10:00 - 10:30

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10:00 – 10:30 Midmorning Break

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10:30 – 12:00  
WORKSHOPS  
CONSULTATION

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## FRIDAY MORNING: 1.5 HOUR PRESENTATIONS

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### YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS

#### Research Panel

Lorraine Freedle, PhD, MSW, EdS, CST-T (Hawaii); Sachiko Taki-Reece, PhD, JA, CST-T (California); Jackie Wiersma, PhD, LP, AM (Minnesota)

With growing attention to evidence-based practice, this interactive seminar with members of the STA Research Committee will explore current developments in sandplay research



## STA CONFERENCE PROGRAM

FRIDAY  
NOVEMBER 9  
MORNING

10:30 – 12:00  
WORKSHOPS  
CONSULTATION

and methods and provide participants with an opportunity to share their research projects and ideas. Please join us for an update on the latest research in sandplay therapy and learn ways to help grow and promote the evidence base for sandplay.

**LEVELS: ALL     1.5 CE HOURS**

### The Celtic Goddess and the Green Man

Linda Cunningham, PhD, CST-T (California)

Beginning with an initial dream and paying close attention to the initial sandtray, we follow a biracial adopted woman's sand play therapy process through a symbolic story of healing grounded in the earth-based culture of the Celtic world. There, we meet Mother Goddesses and the Green Man, ancient symbol of spirit in nature, fertility, and the cycle of seasons. Both the Mother Goddesses and the Green Man symbolize our connection to the earth and nature so necessary for our very survival. Within her story of movement from ruptured to secure attachment, we explore the human need for greenness and its ability to transform us. As complex trauma and masculine and feminine energies become integrated, we witness the symbolic "greening" of her human heart.

**LEVELS: ALL     1.5 CE HOURS**

### The Black, the White and the Red: A Young Man's Alchemical Journey

Regina Driscoll, PhD, LP, SEP, CST-T (Minnesota)

C. G. Jung believed that the theories of the medieval alchemists elucidated the process of psychological transformation he called individuation. Katherine Bradway, doyenne of sandplay therapy in the US, believed that sandplay is an alchemical coagulation process, in that sandplay makes the contents of the psyche visible. In this case a young man with issues of anger and anxiety completes a Kalfian sandplay/play therapy process that takes him through the alchemical phases of the nigredo, albedo and rubedo (and others). He also uses Somatic Experiencing to process and resolve conflicts and deepen his sandplay experience. The combination of awakened alchemical forces coupled with somatic work enabled the client to embody the psychological changes he achieved through his sandplay therapy process.

**LEVELS: ALL     1.5 CE HOURS**

### Finding Father: Archetypal Masculine Energy in a Boy's Healing

Marie Iosue, MSW, CAST/ISST-T (Ontario, Canada)

This case presentation of an 8 year-old boy looks at his healing and development after domestic abuse at the hands of the biological father. The psychic injury to the archetypal Father image impedes his development into boyhood. Held within the free and protected space of Sandplay, the child's engagement with sand, water and miniatures constellates the symbolizing function of the Self. Through imagery and narrative his journey echoes tales of boys lost without fathers, recovering the masculine archetypal energies of embodiment, strength, spirit, insight, and connection to the divine. Gandalf, Hobbits, Enzo

FRIDAY  
NOVEMBER 9  
MORNING



## STA CONFERENCE PROGRAM

10:30 – 12:00  
WORKSHOPS  
CONSULTATION

Matrix and ET join us along the way. The perspectives of Kalsched on child trauma, Moore on masculine development, and van der Kolk on Developmental Trauma, inform the discussion.

**LEVELS: ALL     1.5 CE HOURS**

### Movement from Isolation to Re-Engagement Through Story, Symbol and Ceremony in the Sand

Carol Wells, LISW, CST-T (New Mexico)

Hannah came into my office as she was resurfacing from a long psychotic episode. Lacking an internal gatekeeper in the past, her dangerously porous boundaries between conscious and unconscious, self and others, left her susceptible to abuse, betrayal and mental illness. At age 46, she began her work with me terrified of sliding once again into dissolution. For protection, she had attempted to build impenetrable boundaries to wall herself off from other people and from her own sensations, feelings, and creativity. However as soon as she saw the shelves filled with figurines, she was drawn to telling her story in the sand. Wild animals, particularly the wolf, became her protectors. Ceremony in the sand paid homage to the darkness as well as to the light. As image, story and ceremony enriched her inner world, her outer world became richer as well. She emerged more engaged in community and more connected to body, heart, and soul.

**LEVELS: ALL     1.5 CE HOURS**

### Invoking Spiritual Guidance in Sandplay: The Symbolic Use of Ceremonial Imperial Couple Figures

Glennerly Besson, PhD, AThR, ISST (California)

In East Asian tradition, the imperial couple is the human manifestation of the Gods from the heavenly sky. The mythology and images of this symbol of the Emperor and Empress represent the pair with masculine yang (sun) and feminine yin (moon) energies. The imperial couple symbolizes the unity of opposites and psychological integration. A spiritual invocation is seen in the silent sandplay process of an adult man with chronic mental illness in an inpatient setting. In “the free and protected space” (Kalf), he repeatedly creates a ceremonial altar with the imperial couple, a union of “the sun as an image of spiritual divinity” (von Franz) with the sacred powers of the moon (Eliade).

**LEVELS: ALL     1.5 CE HOURS**

### Group Consultation A

**Coordinator:** Antoinette Eimers, PsyD, LMFT, CST-T (California)

Gain practical skills through casework examples of applied theory and practice in Jungian-Kalffian sandplay therapy. Offered for therapists who have begun or completed their own sandplay process. This is an opportunity to acquire hours toward the STA membership requirement for group supervision. Consider arranging to present a case, which is part of membership requirements. **Add-on Ticket (no additional cost, see registration app)**



FRIDAY  
NOVEMBER 9  
AFTERNOON



## STA CONFERENCE PROGRAM

**required to attend this session.** Minimum of four participants. Limited to 10 participants/group.

**LEVEL: INTERMEDIATE-ADVANCED      NO CE'S**

FRIDAY  
12:15 - 1:30  
LUNCH

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### 12:15 - 1:30 Mentoring and Regional Lunch - included

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Join friends and make some new ones at lunch! This is your chance to connect with your Regional Representative as we honor them and get more acquainted with sandplayers from your region. Mentoring is available as you sit with Practitioner and Certified Members who are happy to answer questions and share their experience. Something new: the Online Consultation Group Fair – find out who has online consultation groups available, meet the facilitators, and see if that's a way for you to complete some of your consultation hours towards certification from a distance!

1:30 - 3:00 PM  
WORKSHOPS  
CONSULTATION

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### FRIDAY AFTERNOON: 1.5 HOUR WORKSHOPS

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### YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS

#### Recovering Memory Through Sandplay: Veteran with PTSD and Schizophrenia

Sana Loue, PhD, MPH, LICSW, CST-T (Ohio)

This presentation focuses on the sandplay process of a Vietnam veteran diagnosed with both PTSD and schizophrenia. The safe space provided by the sandplay process enabled him to recall and begin to integrate various childhood and combat-related experiences, to share the voices in his head, and to acknowledge and address feelings of shame and embarrassment. His two-year engagement with sandplay ceased when he developed a severe physical illness requiring long-term care. This presentation explores sandplay's role in his recovery of memory and focuses as well on issues of co-transference that were important to the process.

**LEVELS: ALL      1.5 CE HOURS**

FRIDAY  
NOVEMBER 9  
AFTERNOON



## STA CONFERENCE PROGRAM

1:30 - 3:00 PM  
WORKSHOPS  
CONSULTATION

### Getting Things Out of the Dark Cupboard: Processing Complex Trauma through Sandplay and Play Therapy

Mary Raftopoulos, LLB, RTP-S, ISST-T (Australia)

This is the story of Amelia, a 10 year-old girl whose profound experiences of complex trauma were transformed through sandplay and play therapy. Through her process we witness the psyche's capacity and drive for wholeness and connection and the defense against the longing to feel. Amelia, raised with severe poverty and neglect, was a victim of child pornography perpetrated by her parents. With treatment, Amelia became conscious of the abuse she had suffered and eventually, she was able to let go of the denial that led to her presentation of a false, overly cheery self. As the expression and integration of the shadow in her life occurred, creative energy was released and Amelia was able to write her life story and become a more embodied, authentic and joyful child.

**LEVELS: ALL     1.5 CE HOURS**

### The Legacy of Margaret Lowenfeld: Film and Discussion (Fundamentals)

Janet Tatum, LICSW, JA, CST-T (Washington)

The documentary film, "The Legacy of Margaret Lowenfeld", will be shown followed by discussion. This film highlights the pioneering child play therapy work of Margaret Lowenfeld's clinic in London. Several clinicians who worked with Margaret Lowenfeld are interviewed in the film, including John Hood-Williams, who became director of the clinic after Lowenfeld's death. Having studied with John Hood-Williams in the 80s, Janet Tatum will lead a discussion about the similarities and differences between the Lowenfeld work and that of Dora Kalff.

**LEVELS: ALL     1.5 CE HOURS**

### Group Consultation B

Antoinette Eimers, PsyD, LMFT, CST-T, Coordinator

Gain practical skills through casework examples of applied theory and practice in Jungian-Kalffian sandplay therapy. Offered for therapists who have begun or completed their own sandplay process. This is an opportunity to acquire hours toward the STA membership requirement for group supervision. Consider arranging to present a case, which is part of membership requirements. **Add-on Ticket (no additional cost, see registration app) required to attend this session.** Minimum of four participants. Limited to 10 participants/group.

**LEVEL: INTERMEDIATE-ADVANCED     NO CE'S**

BREAK  
3 - 3:30 PM

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MID-AFTERNOON BREAK: 3-3:30

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FRIDAY  
NOVEMBER 9  
AFTERNOON



## STA CONFERENCE PROGRAM

3:30 - 5:00 PM  
WORKSHOPS  
CONSULTATION

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FRIDAY AFTERNOON: 1.5 HOUR SESSIONS

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**YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS**

### A Chinese Teenager with Asperger's: Different Cultures and the I Ching

Kar Kin Kwok, MSW, ISST (Hong Kong); Sponsor: Liza Ravitz, CST-T (California)

In this workshop we will witness the healing journey of a Chinese teenager who has suffered from Asperger Syndrome since the age of five. His mother unconsciously subdued his femininity, resulting in a one-sidedness of masculinity. The sandplay process demonstrated how this teenager embraced his own femininity through the therapeutic relationship with the male therapist and sandplay. Symbolism from both Eastern and Western cultures, such as sleeping Buddha and Pegasus, will be elaborated in the sandplay process. Hero's journey and initiation process will be discussed. Also, materials from the I-ching will be adopted to explore sandplay images further so as to facilitate our understanding of the Chinese psyche.

**LEVELS: ALL     1.5 CE HOURS**

### Viriditas: The Greening as a Living Symbol of New Life in Sandplay

Janet Blaser, CST (California); Sponsor: Marion Anderson, PhD, CST-T (California)

How do we sense, feel, think, and imagine about vegetation in sandplay scenes? Green is a symbol of renewal, hope, and nature. As a natural process greening has been imagined as the symbolic embodiment of the action of spirit into life. There is a point, symbolized by the first appearance of green, at which life comes from non-life, in which the cycle of life renews itself. Jung taught that spiritual development is symbolized by plants; that there is a vegetative aspect of the psyche, known through the rich plant mythology, related to the spiritual. Experiencing the case of a deeply traumatized person we will move closer to the mysteries of depression, despair, disease, spirituality, and renewal as they are symbolized by vegetation in her sandplay process.

**LEVELS: ALL     1.5 CE HOURS**

### Group Consultation C

Antoinette Eimers, PsyD, LMFT, CST-T, Coordinator

Gain practical skills through casework examples of applied theory and practice in Jungian-Kalffian sandplay therapy. Offered for therapists who have begun or completed their own sandplay process. This is an opportunity to acquire hours toward the STA membership

FRIDAY  
NOVEMBER 9  
AFTERNOON



## STA CONFERENCE PROGRAM

3:30 - 5:00 PM  
WORKSHOPS  
CONSULTATION

requirement for group supervision. Consider arranging to present a case, which is part of membership requirements. **Add-on Ticket (no additional cost, see registration app) required to attend this session.** Minimum of four participants. Limited to 10 participants/group.

**LEVEL: INTERMEDIATE-ADVANCED      NO CE'S**

FRIDAY PM  
3-HOUR  
WORKSHOPS

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FRIDAY AFTERNOON: 3-HOUR WORKSHOPS  
MID-AFTERNOON BREAK 3:00 - 3:30

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1:30 – 3:00 PM  
3 - 3:30 BREAK  
3:30 - 5:00 PM

### YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS

#### Awakening the Unintegrated Self Through Play: Introduction to In Touch Again (Fundamentals)

Ellen Saul, CST-T (Minnesota); Nancy Hawkins, PsyD, AM (Minnesota), Jacquelyn Wiersma, PhD, LP, AM (Minnesota)

In the *Handbook of Play Therapy*, Linnet McMahon says “Regressive play forms a crucial part of primary experience. It can help to restore missed sensory experiences and . . . can also help to put children of all ages in touch with their senses so that they feel more really alive.” This experiential workshop will introduce you to *In Touch Again*, the groundbreaking work of Dr. Agnes “Nessie” Bayley. Nessie understood that a person’s sensory systems will shut down in the presence of trauma or become hypersensitive. *In Touch Again* is more than techniques for reawakening the senses. It is grounded in the therapist’s attunement based on the sensory experiences of client and therapist, so there is safety for the client to have the experiences they need for reconnecting the parts of themselves.

**LEVEL: ALL      3 CE HOURS**

#### Hakoniwa Sandplay Group: Co-Creation of the Temenos after Traumatic Events

Ellen Searle LeBel, CST-T (California) and Sachiko Taki-Reece, CST-T (California)

Sandplay is a proven modality for healing and transforming trauma. This experiential and didactic presentation of group sandplay teaches the Hakoniwa method (Okada) for use in communities affected by natural disasters or collective trauma. Hakoniwa group sandplay is

FRIDAY  
NOVEMBER 9  
AFTERNOON



## STA CONFERENCE PROGRAM

### 3-HOUR WORKSHOPS

1:30 – 3:00 PM  
3 - 3:30 BREAK  
3:30 - 5:00 PM

grounded in trauma research, group therapy, Kalfian sandplay practice, and Jungian theory and is led by trained sandplay therapists. Group sand players co-create a sand world together, placing their individual symbols in a collective experience that is both conscious and unconscious. Each person's symbols interact and resonate in a multi-dimensional relational field held in a temenos by the facilitator (Taki-Reece). Learn how to create a portable sandplay kit and adapt Hakoniwa in different cultures and settings.

**LEVELS: ALL     3 CE HOURS**

### Awakening the Masculine: Panel

David Capitolo, MFT, CST-T (California); David Dermott, PhD, CST-T (North Carolina); Jackie Kelley, LCSW, CST-T (Texas); Joseph Meyer, MASW, CST-T (Wisconsin); Vince Pastore, PhD, LP, CST-T (North Carolina)

This panel will raise recognition of the vast beautiful treasure of the Masculine buried just beneath the consciousness of our culture. There is a network of expanding meanings derived from an essential masculine archetype, building up a rich association of interconnecting images producing a rich tapestry of stories and concepts. Through myths, legends, and fairy tales we will awaken a masculine awareness and enhance our symbolic knowledge of the figures for sandplay and play therapy. Gods, heroes, warriors and tricksters will be enlivened. Important relationships with the feminine and aspects of the spirit and individuation will be included. We will touch on stories like The Prodigal Son, Iron John, the shadow masculine, and the Navajo twins seeking their father's blessing.

**LEVELS: ALL     3 CE HOURS**

### Trauma in the Sand: Preparing for the death of a twin brother

Antoinette Eimers, PsyD, LMFT, CST-T (California)

In this remarkable and moving case a young boy processes his brother's leukemia and will learn how to say a final "goodbye". During his heroic process he will initially explore and seek understanding but will learn how to bear witness for himself and his brother. During this time a powerful internal dimension is activated as he explores Egyptian archetypes that help him activate healing energies at the deepest level of his own psyche. This will assist him in resolving his own psychosocial difficulties of his brother's death. His trays are rich in symbolism and rituals with the many uses of fire and water throughout the case. Upon completion he was able to bridge between both his inner and outer world, give honor, and hold the space where at one time the brothers were one.

**LEVELS: ALL     3 CE HOURS**



FRIDAY  
NOVEMBER 9  
EVENING



# STA CONFERENCE PROGRAM

FRIDAY  
5:30 - 7:00 PM  
DINNER/MEETING

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## STA MEMBERS' MEETING and DINNER

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STA membership meeting for Certified, Practitioner and Associate Members – All conference attendees welcome!

Join our STA membership meeting with our traditional gathering and opening circle, followed by an STA business meeting. Dinner is included in registration.

7:00 – 9:00 PM  
KEYNOTE

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## KEYNOTE GUEST SPEAKER

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**YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS**

### The Self-Care System in the Clinical Practice of Depth Psychotherapy

Donald E. Kalsched, PhD, JA (New Mexico)

For the last 30 years, I have been writing about a model of the dissociating psyche that describes various unconscious archetypal “powers,” arranged in a dynamic “system” of defense. I call it the Self-Care System, and I have come to believe that it exists within the inner world of the dissociative mind, *in order to defend a sacred, innocent core of the traumatized psyche from further violation*. This is its “purpose” or “intention.” This model (and my understanding of its “purpose”) has proven useful to me in orienting myself in relation to dissociating patients’ material, and the more I work with it the more useful it proves to be. This evening I will share some of these insights as they emerge in the ongoing struggle to reach the vulnerable core of the patient, hiding inside the defensive system. This material can be useful in clinical work in sandplay and play therapy and includes theory from a Jungian viewpoint.

**LEVELS: ALL    2 CE HOURS**

SATURDAY  
NOVEMBER 10  
MORNING



# STA CONFERENCE PROGRAM

REGISTRATION  
OPEN  
8 - 8:30 AM

8:15 - 8:25 AM  
OPENING

8:30 – 10:00 AM  
10-10:15 BREAK  
10:30-12:00

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## OPENING CEREMONY

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Opening Ceremony with Lorenzo Jim

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## KEYNOTE GUEST SPEAKER

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### YOU MUST SIGN IN AND OUT OF THIS SESSION FOR CE CREDITS

#### Trauma, Innocence, and the Core Complex of Dissociation

Donald E. Kalsched, PhD, JA (New Mexico)

Trauma survivors often lament that they have lost their innocence or lost their souls and that something vulnerable and whole about themselves has been “broken” or annihilated. Yet when the psychotherapeutic relationship begins, and symbolic material (including sandplay and play therapy images) emerges, discernible patterns become apparent, indicating that a core of innocence and vitality has not been totally lost or annihilated. On the contrary, it has been “saved” by dissociation and its “Self-Care-System” of archetypal inner objects and their protective and/or persecutory narrative “scripts” or “schemas.” The price of such preservation, however, is high, and innocence often comes wrapped in catastrophic suffering and the powerful dissociative defenses that sequester it. How to discern this ‘core complex’ and work with its constituent parts—and with the unbearable suffering around which it is organized—will be the focus of slide-illustrated lectures by both Don Kalsched and Lorraine Freedle (see below). This material can be useful in clinical work in sandplay and play therapy and includes theory from a Jungian viewpoint.

#### Lost and Recovered Innocence: Working Through the Medium of Sand

Lorraine R. Freedle, Ph.D., CST-T (Hawaii)

**LEVELS: ALL     3 CE HOURS**

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## LUNCH - Boxed lunch provided – Small Groups Meet

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Lunch on your own or find kindred spirits and join together to share experiences in sandplay!

Sandplay Teaching Members: STA will be hosting a conversation about teaching sandplay and invite all CST-T's to attend to discuss issues in teaching, curricula, advising candidates, and logistics throughout the US, consulting to groups in the US and world-wide.

SATURDAY  
12:00 - 1:30  
LUNCH





# STA CONFERENCE PROGRAM

SATURDAY  
NOVEMBER 10  
AFTERNOON

1:30 - 3:00  
WORKSHOPS  
CONSULTATION

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## SATURDAY AFTERNOON: 1.5 HOUR WORKSHOPS

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### YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS

#### Beyond the Therapist's Office: Cooperative Trauma-Informed Practices

Joe Meyer, CST-T (Wisconsin) and Yvonne RB-Banks, EdD (Minnesota)

Dealing with trauma has become necessary for teachers and therapists. Roz Winter, CST-T, developed "Symbol Formation" for work in schools near ground zero in 2001. We offer an experience with an activity to demonstrate the power of sand and symbol formation to help release trauma stored in the body. Teachers are on the frontline of today's trauma seen in schools, yet are often ill prepared to cope with the needs. Sandplay/play therapy can be effective in helping students facing trauma. Building relationships between teachers and therapists offer many benefits otherwise not available to some students. Many competent sandplay therapists do not work directly in school settings. Building on our work in a teacher preparation program, we propose ways to effectively tap that powerful resource.

**LEVELS: ALL     1.5 CE HOURS**

#### The Essence of Sandplay: An Original Film With Dora Kalff

Judy Zappacosta, MFT, CST-T (California)

In this film, Dora Kalff speaks of her early years, how she came to meet Carl and Emma Jung, the influence on her life from other significant teachers, and how she came to develop Sandplay Therapy. Interviewed in 1988, she describes the sandplay process, and the development of an International Society for Sandplay Therapy as well as her hopes for sandplay in the future. Part two of the film explores sandplay theory and practice. The film was developed and produced in 2002.

**LEVELS: ALL     1.5 CE HOURS**

#### Trauma, Innocence and the Core Complex of Dissociation: Case Conference #1

Donald E. Kalsched, PhD, JA (New Mexico)

In this Case Conference workshop, participants will have the opportunity to share sandplay and play therapy case material with Dr. Kalsched who will discuss how clinical material can be seen from the viewpoint of his trauma theory and the Self-Care System. **You must register for an "add-on" (no additional cost) in the conference app to attend this session, and you may only attend one case conference session.** Limited to 30 Participants.

**LEVELS: ALL     1.5 CE HOURS**

SATURDAY  
NOVEMBER 10  
AFTERNOON



## STA CONFERENCE PROGRAM

1:30 - 3:00  
WORKSHOPS  
CONSULTATION

### Group Consultation D

Antoinette Eimers, PsyD, LMFT, CST-T, Coordinator

Gain practical skills through casework examples of applied theory and practice in Jungian-Kalffian sandplay therapy. Offered for therapists who have begun or completed their own sandplay process. This is an opportunity to acquire hours toward the STA membership requirement for group supervision. Consider arranging to present a case, which is part of membership requirements. **Add-on Ticket (no additional cost, see registration app) required to attend this session.** Minimum of four participants. Limited to 10 participants/group.

**LEVEL: INTERMEDIATE-ADVANCED      NO CE'S**

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MID-AFTERNOON BREAK: 3 - 3:30

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SATURDAY AFTERNOON: 1.5 HOUR SESSIONS

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**YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS**

3:30 - 5:00 PM  
WORKSHOPS  
CONSULTATION

### Boots on the Ground: Harkening to the Cries of the World

Katie Amatruda, PsyD, BCETS, LMFT, CST-T (California)

How do you do therapy in a disaster, in austere conditions where tens of thousands of people have just died? This talk will focus on how the principles of Play Therapy and Sandplay, without toys or sand, can be used in disaster response to earthquakes, tsunamis, hurricanes, tornadoes, and the wildfires. We will explore how to bring Dora Kalff's teachings, focusing on limbic resonance, her Tibetan Buddhist orientation, and her love of Kuan Yin to a disaster. We will discover that perhaps it is the presence of the therapist, rather than the toys and the size of the box, that promotes healing, in children and adults, across cultures. Trauma impacts the survivor, the first responder, and us, as therapists. We explore techniques in Limbic Resonance, and see how it can be used to hold, feel and eventually release All the Cries of the World.

**LEVELS: ALL      1.5 CE HOURS**

SATURDAY  
3:30 - 5:00 PM  
AFTERNOON



## STA CONFERENCE PROGRAM

3:30 - 5:00 PM  
WORKSHOPS  
CONSULTATION

### How to Write Papers for STA Certified Requirements

Steve Olmsted, PhD, CST-T (Minnesota) and Audrey Punnett, PhD, JA, CST-T (CA)

This session will focus on the process of writing preliminary papers and the case study, including deciding on a subject for the final case, criteria for the papers and the case, and the approval process. Symbol paper examples will illustrate the process for preliminary papers. Teaching members will offer consultation on preliminary papers as part of the session.

**LEVELS: ALL     1.5 CE HOURS**

### Trauma, Innocence and the Core Complex of Dissociation: Case Conference #2

Donald E. Kalsched, PhD, JA (New Mexico)

In this Case Conference workshop, participants will have the opportunity to share sandplay and play therapy case material with Dr. Kalsched who will discuss how clinical material can be seen from the viewpoint of his trauma theory and the Self-Care System. **You must register for an "add-on" (no additional cost) in the conference app to attend this session, and you may only attend one case conference session.** Limited to 30 Participants.

**LEVELS: ALL     1.5 CE HOURS**

### Group Consultation E

Antoinette Eimers, PsyD, LMFT, CST-T, Coordinator

Gain practical skills through casework examples of applied theory and practice in Jungian-Kalffian sandplay therapy. Offered for therapists who have begun or completed their own sandplay process. This is an opportunity to acquire hours toward the STA membership requirement for group supervision. Consider arranging to present a case, which is part of membership requirements. **Add-on Ticket (no additional cost, see registration app) required to attend this session.** Minimum of four participants. Limited to 10 participants/group.

**LEVEL: INTERMEDIATE-ADVANCED     NO CE'S**



SATURDAY  
NOVEMBER 10  
AFTERNOON



## STA CONFERENCE PROGRAM

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### SATURDAY AFTERNOON: 3 HOUR WORKSHOPS

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#### YOU MUST SIGN IN AND OUT OF EACH SESSION FOR CE CREDITS

##### A Ceremony of Peaches: Meeting Between Xi Wang Mu and Changing Woman

Luanne Lee, CST (New Mexico); Sponsor: Lorraine R. Freedle, Ph.D., CST-T (Hawaii)

We hold sacred the energies we witness as figures are placed in the sand, and in the silence of the co-transference, our knowledge of the symbols that enter this liminal space enrich the process with our increased understanding of archetypal content and its multicultural aspects. The worship of Xi Wang Mu, Queen Mother of the West, the ancient Chinese goddess, impacted the transformation of the Buddhist bodhisattva, Avalokitesvara, who took on a feminine aspect, the beloved Kuan Yin. As the ancient Chinese migrated across the land bridge to the Americas, another transformation may have occurred in the Southwest, the birth of the Navajo goddess, Changing Woman. These are the images and stories we will share as we join the Eight Immortals who have come to renew their immortality in this Ceremony of Peaches.

**LEVELS: ALL     3 CE HOURS**

##### Complex Trauma and Resiliency: Sandplay with Orphaned Children in Cambodia

Adele Luttrell, LMFT, CST (California) and Shawnee Isaac-Smith (California);  
Sponsor: Harriet Friedman, MFT, CST-T (California)

The Heart Touch Project has travelled to Cambodia for the past 12 years providing compassionate touch to orphans with HIV and more recently (in the last 3 years) offering sandplay experience. In addition to living with HIV, many of these children have suffered multiple and complex trauma including a history of genocide, loss of parents and siblings, extreme poverty and neglect, physical, sexual and emotional abuse. This presentation will highlight trauma, resiliency and the hope for transformation via the use of sandplay. We will witness the collective unconscious of the Cambodian children portrayed through image and story. In addition, we will explore the unique symbols used in initial trays by a large majority of the children. Finally, we will witness archetypal, spiritual symbols used in sandplay which point to a connection to the Self, thus offering the potential for transformation.

**LEVELS: ALL     3 CE HOURS**

##### My Sister's an Angel in Heaven Now

Betty Jackson, LCSW, CST-T (Pennsylvania)

This Sandplay case presentation shows how 5 year-old Ricky finds a way through

1:30 – 3:00 PM  
3 - 3:30 BREAK  
3:30 - 5:00 PM



## STA CONFERENCE PROGRAM

SATURDAY  
NOVEMBER 10  
AFTERNOON

### 3-HOUR WORKSHOPS

1:30 – 3:00 PM  
3 - 3:30 BREAK  
3:30 - 5:00 PM

Sandplay/play therapy to confront and do battle with the bad guy who murdered his sister. With surprising candor he shares what he knows about the shooter and the circumstances of his sister's death, how terribly he misses her, how anguished his family is to go on without her. While maintaining mostly "appropriate" behavior at home and school, in session he lets down his defenses, week after week pouring his rage and anxiety into the sand with stunning expressive force. Drawing insight from Frances Wickes seminal book, *The Inner World of Childhood*, the case also provides a clear example of how the child's unconscious process mirrors events about which he is consciously unaware, as the adults in his family endure cruel posts on social media and anxiously await the trial and sentencing.

**LEVELS: ALL     3 CE HOURS**

### Ethical Issues in Sandplay Practice and Supervision - Part 2

Sana Loue, PhD, MPH, LICSW, CST-T (Ohio)

This 2-part workshop includes lecture and interactive components. The first 3 hours (pre-conference, Thursday) will focus on ethical issues in sandplay therapy, including issues related to client capacity, informed consent, documentation, electronic communications, confidentiality and mandated disclosures, boundaries violations, dual relationships, and conflicts of interest. The second 3 hours will focus on issues arising in the context of supervision, including the distinction between supervision and consultation, documentation of supervision, the gatekeeping function of the supervisor, and transference and countertransference (client-supervisee, supervisee-supervisor, and client-supervisor). Conference participants may register for the first part, the second part, or both parts.

**LEVELS: ALL     3 CE HOURS**

SATURDAY  
5:00 - 7:30 PM  
BREAK

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BREAK

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7:30 - 9:30 PM  
EVENING

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### SOUTHWEST DINNER and FLAMENCO PERFORMANCE

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The National Institute of Flamenco, whose mission is to preserve and promote flamenco's artistry, history and culture, will offer a demonstration of flamenco by students from its student performance group. Flamenco is the ancient form of artistic expression of the Spanish-Gypsy culture. It has always been the musical outlet of the poor and oppressed and has been passed on by oral tradition. The lure of flamenco is its ability to explore the full range of human emotions with an intense, vibrant quality that leaves audiences





# STA CONFERENCE PROGRAM

captivated. Flamenco is an excellent accompaniment to working in the sand where we also have the ability to explore the full range of human emotions. A southwestern dinner will be served.

**GUESTS WELCOME – ADD-ON TICKET (\$50) AVAILABLE VIA REGISTRATION SITE**

SUNDAY  
NOVEMBER 11

REGISTRATION  
OPEN  
8 - 8:30 AM

SUNDAY  
9:00 - 10:00 AM  
MORNING

SUNDAY  
10:00 - 11:00 AM  
MORNING

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## KEYNOTE SPEAKER

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**YOU MUST SIGN IN AND OUT OF THIS SESSION FOR CE CREDITS**

### Trauma, Innocence, and the Core Complex of Dissociation - Q and A

Donald E. Kalsched, PhD, JA (New Mexico)

Dr. Kalsched will respond to questions from conference participants concerning the Self-Care Model in clinical work with trauma survivors and how it can be useful in sandplay and play therapy work.

**LEVELS: ALL    1 HOUR CE**

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## CLOSING

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**YOU MUST SIGN IN AND OUT OF THIS SESSION FOR CE CREDITS**

### Closing Session

Sally Sugatt, LCSW, CST-T (New Hampshire) and Lorenzo Jim (New Mexico)

We review our time together and close with a ceremony led by Lorenzo Jim.

**LEVELS: ALL    1 HOUR CE**



# STA CONFERENCE PROGRAM

MONDAY  
NOVEMBER 12  
EVENTS

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## SPECIAL POST-CONFERENCE EVENTS and CELEBRATIONS

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### SAN DIEGO FEAST DAY AT JEMEZ PUEBLO

Monday, November 12, 2018

**10:00 AM – 3:00 PM**

Visit Jemez Pueblo for a feast day celebration. Since time immemorial, Pueblo communities have celebrated seasonal cycles through prayer, song, and dance. These dances connect the Pueblos to their ancestors, community, and traditions while honoring gifts from the Creator. They ensure that life continues and that connections to the past and future are reinforced. Feast days bring tribal members together to renew their culture, language and native religion. On November 12, Jemez celebrates the **Feast of San Diego**, the patron saint of the village. Many vendor booths will have delicious food available for lunch on your own.

PRICE PER PERSON: \$66

PRICE INCLUDES: Transportation; professional tour guide; bottled water on coach; all gratuities and applicable taxes.

### CHIMAYO

Monday, November 12, 2018

**9:00 AM – 5:00 PM**

This morning we will head north to the seventeenth-century village of **Chimayo**. There is no better place in the state to experience the ecclesiastical history, architecture, and art of early Spanish colonial settlers than Chimayo. Its most famous landmark is a venerable religious shrine, the *Santuario de Chimayo*. This beautiful adobe chapel with twin bell towers was erected in 1816 by Don Bernardo de Abeyta over earth that is said to have miraculous healing qualities, and that for centuries attracted ancient Indians and then Hispano settlers to this revered place. The many objects left by pilgrims give moving testimony to the power of faith, and the church interior and altar screens are exquisite examples of early 19<sup>th</sup> century religious folk art masters.

**Lunch** will be at the landmark **Rancho de Chimayo** restaurant, known for its traditional northern New Mexico cuisine.

PRICE PER PERSON: \$106

PRICE INCLUDES: Deluxe motor coach transportation; professional tour guide; tour of the Santuario; lunch; bottled water on coach; all gratuities and applicable taxes.

***Please download the PDF form on the STA website to register for either of these events:*** [www.sandplay.org/events/2018-sta-national-conference/](http://www.sandplay.org/events/2018-sta-national-conference/)



# STA CONFERENCE PROGRAM

## CONFERENCE FACULTY, WORKSHOP SPONSORS, COMMITTEES

CST- T: Certified Sandplay Therapist - Teaching Member (STA)

CST: Certified Sandplay Therapist (STA)

SP: Sandplay Practitioner Member (STA)

AM: Associate Member (STA)

ISST: Certified Member of International Society for Sandplay Therapy

ISST-T: Teaching Member of International Society for Sandplay Therapy

All STA CSTs and CST-Ts are members of ISST.

**Takako Ainsworth, MSW, LCSW, SP**, is a licensed clinical social worker and STA Sandplay Practitioner who practices in San Francisco, CA. She is bilingual in Japanese/English, working with cross-cultural issues. She has published in *the Journal of Sandplay Therapy*. She is on the Operations Committee for this conference.

**Katie Amatruda, PsyD, BCETS, LMFT, CST-T**, is a marriage and family therapist, Founding Member of STA and a Certified Sandplay Therapist – Teaching Member practicing in Sausalito, CA. She is a Licensed Emergency Medical Technician and Board Certified in Traumatic Stress, a Diplomate from the American Academy of Experts in Traumatic Stress. She has served on the STA Board of Trustees and was the first STA Treasurer. She has published in the *Journal of Sandplay Therapy*; in *Reflections on Sandplay Supervision*, *Somatic Consciousness in Adult Sandplay Therapy* and in *The CA-6 Chronicles*.

**Marion Anderson, PhD, JA, CST-T**, is a clinical psychologist and an STA Certified Sandplay Therapist – Teaching Member practicing in Santa Monica, CA. She is a Jungian Analyst with the Brazilian Society for Analytical Psychology and the C.G. Jung Institute of Los Angeles. She is a faculty member with the Reiss-Davis Fellowship Program for painting inner images and is a co-ordinator and instructor for the Los Angeles Regional Sandplay Community. She is a founding member of the IBTSandplay, Sao Paulo, Brazil. She has published in the *Journal of Sandplay Therapy* and in *Sociedade de Psicologia Analítica*. She is a keynote speaker for this conference.

**Janet Blaser, MA, JA, LMFT, SP**, is a licensed marriage and family therapist, a Jungian Analyst, and a Sandplay Practitioner who provides therapy in San Pedro California. She has published in the *Journal of Sandplay Therapy*.

**Glennery Besson, PhD, AThR, ISST**, is a Certified Sandplay Therapist with ISST, licensed in Singapore and resides in Pittsburg, CA. She is a Certified Yoga Therapist and member of CIIS and ANZATA.

**David Capitolo, MA, LMFT, CST-T**, is a therapist who has offices in San Rafael and San Francisco. He sees children, teens, and adults. He also works extensively with US veterans. David is a founding member of the Northern California Regional Sandplay Society and is chair of the STA Masculine Awareness Committee. He has published in the *Journal of Sandplay Therapy*.



## STA CONFERENCE PROGRAM

**Linda Cunningham, PhD, LMFT, CST-T**, is marriage and family therapist and an STA Certified Sandplay Therapist – Teaching Member practicing in San Francisco and Kentfield, CA. She is adjunct faculty for the Sonoma State University Depth Psychology Master's Program and the California Institute of Integral Studies. She is on the STA Ethics Committee. She has published in the *Journal of Sandplay Therapy* and is the author of *Sandplay and The Clinical Relationship*.

**David Dermott, PhD, LP, CST-T**, is a clinical psychologist and Clinical and Executive Director Dunn Psychological Associates, Dunn North Carolina. He was chair for the 2008 STA National Conference in Savannah, GA. Dr. Dermott is a representative for the Sandplay Therapist of the Carolinas. He is a member of the STA Board of Trustees and chair of the website oversight committee.

**Regina Driscoll, PhD, LP, CST-T, SEP**, is a clinical psychologist in Roseville, Minnesota. She specializes in trauma work using Sandplay and Somatic Experiencing. She is a founding member of the Minnesota Sandplay Therapy Group (MSTG) and a Past President of the STA Board of Trustees. She has published in the *Journal of Sandplay Therapy*.

**Antoinette Eimers, PsyD, LMFT, CST-T**, is a marriage and family therapist in private practice, specializing in work with children and adolescents, though she also works with adults. Her office is located in Tustin, CA. She serves on the STA Board of Trustees as Treasurer and is active on several STA committees. Antoinette is involved with the Los Angeles Sandplay Community. She has published in the *Journal of Sandplay Therapy* and has taught sandplay nationally and internationally over the past many years.

**Lynne Ehlers, PhD, CST-T**, is a Jungian-oriented clinical psychologist practicing in Albany and San Francisco, California, where she sees adults for analytical psychotherapy, sandplay, dreamwork and consultation. She has worked with sandplay since 1977, teaches classes and workshops on sandplay, has presented at Sandplay conferences since 2009, and has published many papers in the *Journal of Sandplay Therapy* and *The Canadian Art Therapy Association Journal*.

**Laura Fragua-Cota, MAT, LMHC**, is an art therapist at a public school near Jemez Pueblo. She teaches at the Institute of American Indian Arts, Santa Fe, NM and is an ISIA alumna, showing her work nationally and internationally. She was the recipient of the New Mexico Governor's Award for Excellence in the Arts: the Allan Houser Memorial Reward. She has been a Board Member with the New Mexico Sandplay Society for 15 years. She is the artist for the image of this conference.

**Lorraine Freedle, PhD, MSW, EdS, CST-T**, is psychologist and clinical social worker practicing in Hawaii and New Mexico. She is a member of the American Board of Pediatric Neuropsychology and is certified in Neurosequential Model of Therapeutics (NMT). Dr. Freedle is Vice President of the STA Board of Trustees, and serves on various STA committees. She is research editor for the *Journal of Sandplay Therapy* and has published in this journal as well as in several other professional journals.



## STA CONFERENCE PROGRAM

**Harriet Friedman, MA, LMFT, JA, CST-T**, is a marriage and family therapist and a Founding Member of STA practicing in Los Angeles, CA. She is a Jungian Analyst with the C.G. Jung Institute of Los Angeles. She studied with Dora Kalff in Switzerland. She has served on the STA Board of Trustees, now an Emerita Member, and the ISST Board. She is the co-author with Rie Rogers Mitchell of *Sandplay Past Present and Future* and *Supervision in Sandplay*, as well as of several articles in books on play therapy. She has published in the *Journal of Sandplay Therapy*. She is a keynote speaker for this conference.

**Nancy Hawkins, PsyD, AM**, is a clinical psychologist in St. Louis Park, Minnesota. She is an STA Associate and has been an active member of the Minnesota Sandplay Therapy Group (MSTG) for many years.

**Roger Higginbotham, MA, LPCC-S, SP**, is a professional clinical counselor and supervisor and an STA Certified Sandplay Practitioner practicing at Family Life Counseling, Mansfield, OH. He is a Certified Adventure Therapist and past and current Silent Auction Co-Chair for the STA National Conference.

**Shawnee Isaac-Smith, MSW, AM**, has a background in public and hospital administration and is a founder of The Heart Touch Project in Santa Monica, CA. Since 1994, this program provides therapeutic touch to medically fragile and terminally ill patients. She is an Associate Member of STA and is co-presenting with Adele Luttrell in this conference.

**Maria Iosue, MSW, CAST/ISST-T**, is a clinician and a Certified Sandplay Therapist – Teaching Member with ISST practicing in North York, Ontario. She is a past President and Board Member of the Canadian Association for Sandplay Therapy (CAST). She has published in the *Journal of Sandplay Therapy*.

**Betty Jackson, MSW, LSW, CST-T**, is a clinical social worker with experience in school, mental health agency, and private practice settings. She began her Sandplay training with Dora Kalff in 1975. She has presented nationally and internationally and authored several articles for the *Journal of Sandplay Therapy*. She currently serves on the Board of Directors for the International Society for Sandplay Therapy as an STA representative and is a long-time member of the STA Board of Trustees. She coordinates Sandplay training in the Mid-Atlantic region. Betty works as a child & family therapist for Upper Bay Counseling & Support Services in Maryland and maintains a private practice in Christiana, PA.

**Lorenzo R. Jim** (Dine/Navajo) is a Licensed Alcohol/Drug Abuse Counselor and certified Traditional Counselor/Practitioner with the Dine Hataalii (Medicine Men) Association currently managing the Native American Traditional Wellness & Integrative Care Program at First Nations Community HealthSource, a Title V Urban American Indian Health Center in Albuquerque, NM. His





## STA CONFERENCE PROGRAM

professional background includes military/federal counter-drug leadership, law enforcement corrections and clinical counselor in both inpatient/outpatient integrated treatment programs for juveniles and adults. He serves as Tribal Liaison for Bernalillo County Metropolitan Courts and is a Native American Care Provider/Chaplain at University of New Mexico Hospitals. He is a guest presenter for this conference.

**Donald E. Kalsched, PhD, JA**, is a clinical psychologist and Jungian Analyst practicing in Santa Fe, NM. He is a member of the C.G. Jung Institute of Santa Fe and a faculty member and supervisor with the Inter Regional Society of Jungian Psychology. He lectures nationally and internationally, pursuing his inter-disciplinary interest in early trauma and dissociation theory. He is the author of numerous articles and publications. He wrote his first book in 1996, *The Inner World of Trauma: Archetypal Defenses of the Personal Spirit*. His more recent book, *Trauma and the Soul: A Psycho-spiritual Approach to Human Development and its Interruption* (2013) explores how psychotherapeutic work with trauma survivors sometimes provides access to the ineffable world of soul and spirit. He is the invited guest keynote presenter for this conference and will offer two small group case conferences in addition to his lecture material.

**Jill Kaplan, MFT, CST-T**, is a marriage and family therapist and an STA Certified Sandplay Therapist – Teaching Member practicing in San Jose, CA. She holds degrees in early childhood education and in psychology. She is current Past President for the STA Board of Trustees, has served as Secretary and Admissions Chair for STA and is on the ISST Certification Committee. She has published in the *Journal of Sandplay Therapy* and is the Books & Events Reflections Editor for the journal. She is Chair of the Operations Committee for this conference.

**Jacquelyn Kelley, LCSW, CST-T**, is a therapist in private practice in Texas. She is also Director of Social Services at Compass Hospice in Dallas. She has been practicing Sandplay therapy for 30 years as a school social worker and in private practice. She is Past President for Texas Sandplay Society and Past President of the C.G. Jung Society of North Texas. She is a member of the STA Board of Trustees as Admissions Chair.

**Kar Kin George Kwok, MSW, CST**, is a social worker and a Certified Sandplay Therapist with ISST practicing in Hong Kong. He is a member of the Hong Kong Sandplay Association.

**Ellen Searle LeBel, MS, BC-DMT, LMFT CST-T**, is a marriage and family therapist and an STA Certified Sandplay Therapist – Teaching Member practicing in Arcata, CA. She is a Board Certified Dance/Movement Therapist. She is President of the Northern California Regional Sandplay Society and co-chair of the STA Ethics Review Committee. She has published in the *Journal of Sandplay Therapy* and in *Body, Movement and Dance in Psychotherapy*.

**Luanne Lee, MA, LPCC, LPAT, ATR, CST**, is a licensed clinical health counselor, professional art therapist, and an STA Certified Sandplay Therapist who practices in Corrales, NM. Her early study



## STA CONFERENCE PROGRAM

with the Guild for Psychological Studies in San Francisco Informs her work bringing expressive arts to Jungian studies She is on the Operations Committee for this conference..

**Anita Treloar La Cour, PhD, SP**, is a psychologist and STA Certified Sandplay Practitioner who practices at First Nations Community Health Source in Albuquerque, New Mexico. She has been on the Board of the New Mexico Sandplay Society since 2011 and NMSS President since 2014. Publications under her former name Schacht include "Group therapy with sexually abused boys: Leadership, projective identification and counter transference issues" in the *International Journal of Group Psychotherapy*; and "Supervisor facilitative conditions and effectiveness as perceived by thinking-and feeling-type supervisees" in *Psychotherapy*. She is on the Operations Committee for this conference.

**Sana Loue, PhD, JD, MPH, MSSA, LICSW-S, CST-T**, is an STA Certified Sandplay Therapist – Teaching Member. She is a professor in the Department of Bioethics of Case Western Reserve University School of Medicine, with secondary appointments in Psychiatry and Global Health and serves as the Vice Dean for Faculty Development and Diversity. She holds degrees in epidemiology (PhD), medical anthropology (PhD), social work (MSSA), secondary education (MA), public health (MPH) and theology (MA). She is a Doctor of Jurisprudence and is a LISW Supervisor. She is on the STA Board of Trustees, is Chair of the STA Diversity Committee and has published in the *Journal of Sandplay Therapy*. She has conducted research domestically and internationally, focusing on HIV risk and prevention, severe mental illness, family violence, and research ethics. She has authored or edited more than 30 books and more than 100 peer-reviewed journal articles.

**Adele Luttrell, MS, LMFT, CST**, is a marriage and family therapist and an STA Certified Sandplay Therapist practicing in Torrance, CA. She is presenting with Shawnee Isaac-Smith.

**Joseph A. Meyer, MASW, CST-T**, is a retired therapist who has practiced in Minnesota and Wisconsin. He is a past treasurer for STA and is currently on the Finance Committee and other STA committees. He is active in regional development and mentoring. He is a founding member of the Minnesota Sandplay Therapy Group (MSTG). He has published in the *Journal of Sandplay Therapy*.

**Bonnie G. Miller, MA, LPCC**, is a professional clinical counselor practicing in Albuquerque, NM and has a degree in Art Therapy from Southwestern College. She is a Sandplay Practitioner candidate, has been on the New Mexico Sandplay Board since 2004 and has served as Treasurer. She is Treasurer of the New Mexico Psychoanalytic Society and has completed Short Term Dynamic Psychotherapy Core Training. She is Auction co-Chair for this conference.

**Linda Nelson, LCSW, CST-T**, is a clinical social worker and Certified Sandplay Therapist – Teaching Member practicing in Albuquerque, NM. She is a Founding Member of the New Mexico Sandplay Society and currently serves on the NMSS Board having been Secretary as well as President. She is on the Program Committee for this conference and in charge of cultural presentations and invited guests from the local community.



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**Stephen W. Olmsted, PhD, CST-T**, is a retired psychologist who was in private practice in Duluth from January 1980 to March 2016. He incorporated Sandplay in this therapy for 25 years. He has published in the *Journal of Sandplay Therapy*. He is serving on the Program Committee.

**Sahnta Panutti** is on the Operations Committee for this conference.

**Vincent Pastore, PhD, LP, CST-T**, is a clinical psychologist in Mooresville, North Carolina, working with children and adults. He is on the Masculine Awareness Committee and the Ethics Review Committee for STA. Dr. Pastore has published in the *Journal of Sandplay Therapy*.

**Audrey Punnett, PhD, LP, RPT-S, CST-T**, is a certified Jungian Analyst who has been helping children, adults, and other mental health professionals since 1976. She works in Fresno California. She is a past-president of the STA Board of Trustees and is currently one of two STA representatives to the International Society of Sandplay Therapists. She has published in the *Journal of Sandplay Therapy* and other professional journals and book chapters.

**Mary Raftopoulos, LLB, RTP-S, ISST-T**, is a psychologist practicing in Melbourne, Australia. Mary assesses and treats children who have been sexually abused or are engaged in problem sexual behaviours/sexually abusive behaviours at the Royal Children's Hospital where she set up the first dedicated sandplay rooms. Mary was the first CST-T in Victoria (Australia) and has published in the *Journal of Sandplay Therapy*. Mary is currently working on a PhD researching the intergenerational transmission of trauma in adults who were raised in orphanages.

**Liza J. Ravitz, PhD, CST-T**, clinical psychologist and Certified Sandplay Therapist – Teaching Member practicing in Petaluma, CA. She is a Jungian Child and Adult Psychoanalyst with the C.G. Jung Institute of San Francisco where she teaches in the analyst training and the continuing education programs. She is an Affiliate Professor at SSU and practiced in Taiwan from 2012-2014. She studied with Dora Kalff in Switzerland and has published in the *Journal of Sandplay Therapy*.

**Yvonne RB-Banks, EdD**, is a professor of education at Metropolitan State University in St. Paul, Minnesota. She holds licenses in Special Education BD/LD and Elementary Education. She is a former dean of academic support service programs, author and member of several related professional organizations. She has published in various journals and book chapters.

**Ellen Saul, PhD, LP, CST-T**, is a psychologist who works with children and families in a private practice in rural Minnesota. She has used Sandplay in her practice for 25 years. She is a member of the STA Board of Trustees and several STA committees and has written for the *Journal of Sandplay Therapy*.

**Dyane Sherwood, PhD, JA, CST-T** is a Jungian Analyst practicing in Oberlin, Ohio, working with children and adults. She is affiliated with the C.G. Jung Institutes of Chicago and Pittsburgh and the



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Interregional Society of Jungian Analysts (IAAP). She has co-authored a book with Joseph Henderson on alchemy, has published in the *Journal of Sandplay Therapy* as well as in other journals, and is on the editorial board of the *Journal of Analytic Psychology*.

**Sally Sugatt, MSW, LICSW, CST-T**, is a clinical social worker and STA Certified Sandplay Therapist – Teaching Member practicing in Exeter, New Hampshire. She holds an MPA degree from Syracuse University and is a Comprehensive Yoga Therapist. She is President of the STA Board of Trustees. She has published in the *Journal of Sandplay Therapy* and is Program Chair of this conference.

**Sachiko Taki-Reece, EdD, MFT, CST-T**, is a marriage and family therapist and an STA Certified Sandplay Therapist – Teaching Member practicing in Los Angeles, CA. She is a Jungian Analyst with the C.G. Jung Institute of Los Angeles and a member of the Japanese Association of Sandplay Therapy. She served on the STA Board of Trustees. She has published in the *Journal of Sandplay Therapy* and *the Archives of Sandplay Therapy*.

**Janet Tatum, MSW, LICSW, JA, CST-T**, is a clinical social worker and an STA Certified Sandplay Therapist – Teaching Member practicing in Redmond, WA. She is a Jungian Analyst with the Pacific Society of Jungian Analysts. She is a past President of STA, a founding editor and current assistant editor for the *Journal of Sandplay Therapy* and has published in the journal. She studied with Dora Kalff in Switzerland and was an assistant to her for the UCSC Extension Education program in the 1980s. She is on the Program Committee for this conference.

**Gretchen Watts, MEd, MSW, LCSW, CST-T**, is a clinical social worker and an STA Certified Sandplay Therapist – Teaching Member practicing in Nashville, TN. She is on the Operations Committee for this conference.

**Carol Wells, MSW, LISW, CST-T**, is a clinical social worker and an STA Certified Sandplay Therapist – Teaching Member practicing in Taos, New Mexico. She is certified in Somatic Experiencing. She has been on the Admissions Committee for STA and has published in the *Journal of Sandplay Therapy*.

**Jacquelyn Wiersma, PhD, LP, AM**, is in practice as a licensed psychologist in Minnetonka, Minnesota. She is an STA Associate and has been part of the Minnesota Sandplay community for many years. She has published in the *Journal of Personality, Orthopsychiatry*, and in several book chapters.

**Judy D. Zappacosta, LMFT, CST-T**, is in private practice in Jungian psychotherapy including Sandplay therapy with children and adults. She is an international presenter and lecturer on Sandplay. She has an extensive resume of publications including many articles in the *Journal of Sandplay Therapy*. She is a past president and Emerita Member of the STA Board of Trustees. Judy worked directly with Dora Kalff in the early days of Sandplay.





# STA CONFERENCE PROGRAM

## Conference Hotel

Crowne Plaza Albuquerque  
1901 University Blvd NE,  
Albuquerque, NM 87102 US  
Phone: 505-884-2500 Fax: 505-880-1196  
Use group code "STA" for conference rate:  
\$114 (plus tax) – single, includes 1 breakfast  
\$119 (plus tax) – includes 2 breakfasts

## Airport & Taxi Service

Airport: Albuquerque Sunport (5.5 Miles)  
Uber or Lyft \$10.00 - \$15.00  
ABQ Green Cab (505) 243-6800 \$20-\$25.00  
ABQ Town Taxi (505)-307-9209 \$20.00 - \$25.00  
ABQ Metro Taxi (505) 450-8580 \$20.00 - \$25.00  
Albuquerque Taxi (505) 331-9309 \$20.00 - \$25.00  
\*\*No Airport Shuttle Service to the Hotel at this time

## Case Consultation: Group & Individual

**Be sure to sign up when you register for add-on tickets for group consultation sessions.**

Please contact Antoinette Eimers ([eimers8@aol.com](mailto:eimers8@aol.com)) for additional information, to reserve a place, to present a case in group consultation, or to arrange individual consultation with a teaching member.

Group consultation with Certified Teaching Members (10 participants per session). Gain practical skills through casework examples of applied theory and practice in Jungian-Kalffian sandplay therapy. Offered for therapists who have begun or completed their own sandplay process. This is an opportunity to acquire hours toward the STA membership requirement for group supervision, at no additional charge. Consider arranging to present a case, which is part of certification requirements.

Individual consultation is available by appointment at the special rate of \$75 hour. A list will be made available to registrants prior to the Conference. This is an opportunity to learn from teaching members who are not one of your primary consultants.

## **! SILENT AUCTION!**

The Silent Auction begins Thursday afternoon and closes Saturday evening. Please be generous in donating miniatures to benefit the *Journal of Sandplay Therapy*.

## REGISTRATION

Please register online at:

[www.whova.com/portal/registration/stana\\_201811/](http://www.whova.com/portal/registration/stana_201811/)

Questions about registration:

[sandplayconference2018@gmail.com](mailto:sandplayconference2018@gmail.com)

All other questions: [sta@sandplay.org](mailto:sta@sandplay.org)

## STA Members\* - full conference

May 15 - July 1	\$480
July 2 - September 1	\$500
September 2 - October 8	\$530
after October 8	\$570

## Non-STA Members - full conference

May 15 - July 1	\$530
July 2 - September 1	\$550
September 2 - October 8	\$580
after October 8	\$600

## Student STA Members - full conference

May 1 - July 1	\$400
July 2 - September 1	\$425
September 2 - October 8	\$450
after October 8	\$500

## Student non-STA Members - full conference

May 1 - July 1	\$450
July 2 - September 1	\$475
September 2 - October 8	\$500
after October 8	\$550

## Single Day (only Friday or only Saturday)

STA Members	\$200
Non-STA Members	\$225
Student STA Members	\$150
Student non-STA Members	\$175

## Pre-conference - all day

STA Members	\$130
Non-STA Members	\$160
Students	\$110

## Pre-conference - half day

STA Members	\$ 65
Non-STA Members	\$ 80
Student STA Members	\$ 55

\*Become an Associate Member– special conference rate of \$55/\$77 International. **You must purchase add-on membership when you register** if you are not currently a member



# STA CONFERENCE PROGRAM

## Continuing Education and Scholarship Information

CE Processing fee:

\$25 for PreConference, \$30 for Conference or both Pre-Conference and Conference

**SIGN UP FOR CE'S WHEN YOU REGISTER.**

### **CE'S AVAILABLE THROUGH CHESAPEAKE BEACH PROFESSIONAL SEMINARS**

Chesapeake Beach Professional Seminars is approved by the Maryland Board of Social Work Examiners to sponsor Category 1 continuing education programs. CBPS is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. CBPS solely is responsible for all aspects of the program. NBCC Provider #5763; approved by the National Association of School Psychologists, approval #1067. CBPS is recognized by SED's State Board for Social Work, provider #0122 and Mental Health Counselors, provider #MHC-0009 and Licensed Marriage & Family Therapists, provider #MFT-0008 in New York. CBPS maintains responsibility for this training. Please note that for social workers and Art Therapists VA, PA, FLA, NM and many other states accept our approval status because we are accepted by NBCC. CBPS maintains responsibility for all training.

## STA Diversity Training Scholarship

Sandplay Therapists of America is actively working to encourage and support the cultural, ethnic, racial, gender, sexual orientation, and economic diversity of our community.

Financial Aid is available to attend the Pre-Conference Fundamentals of Sandplay Course, as well as for work exchange for more advanced sandplay students to attend the conference. If you are interested in obtaining an application for either scholarship, please contact: STA Training Scholarship application: [sta@sandplay.org](mailto:sta@sandplay.org). Send completed scholarship applications to [Sana.Loue@case.edu](mailto:Sana.Loue@case.edu). Scholarship applications are due September 1, 2018.

## INDIVIDUALS NEEDING ADA ACCOMMODATIONS

Please inform STA and receive confirmation at least three weeks prior to the conference.



# STA CONFERENCE PROGRAM

## **CANCELLATION/REFUND POLICY**

In order for STA to prepare properly for the conference, attendees are asked to register by October 8, 2018 for all conference sessions and activities. Late registration will be available until the day of the conference, November 8, but space in some sessions may be limited. If your plans change and you are unable to attend, you must cancel in writing on or before October 9, 2018 to receive a refund.

- Cancellations after October 9, 2018 will not be refunded.
- Late Registration will be from October 9, 2018 - November 8, 2018.
- Refunds will not be given for no-shows.

All cancellations subject to \$100 processing fee. Please submit cancellation requests in writing to:

STA  
PO Box 4847  
Walnut Creek, CA 94586  
FAX: 925-820-2109