



## *The Foundations of Jungian Sandplay Therapy*

*Course: April 28-30, 2017*

*Friday- 6 pm to 9 pm, Saturday- 9 am to 5 pm,  
and Sunday- 9am to noon*

Join us to learn the theoretical foundations and practical applications of Jungian sandplay therapy with children and adults. Through lecture, experiential activities and compelling case studies students will have the opportunity to connect on a deep level to this work and to integrate concepts. Students who complete this course will earn 12 CE's (NASW and APA) and 12 training hours toward credentialing as a sandplay therapist.

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### **Course objectives:**

- Describe the key tenets of sandplay therapy as founded by Dora Kalff.
- Distinguish sandplay therapy from other play therapy methods.
- Explore the dynamics of the "free and protected" therapeutic space, co-transference and therapeutic presence in sandplay.
- Identify fundamental concepts in Jungian personality theory (e.g., shadow, Self, individuation, etc.) and their applications in sandplay therapy.
- Describe how symbols, archetypes, and the transcendent function promote healing in sandplay therapy.
- Identify stages of psychological development in children and adults, and recognize the process of growth as it unfolds in a series of sandplay images.
- Gain skills to set up a sandplay collection and begin clinical practice of sandplay therapy.
- Participate in experiential art and sandplay activities to explore, practice and integrate concepts.

**Location:** Hilo, Hawaii

**Cost:** \$275 per person

**To Register:** Contact Dr. Freedle at [lfreedle@gmail.com](mailto:lfreedle@gmail.com) . Space is limited to 10.

**Instructor Bio:** Lorraine R. Freedle, LCSW, Ph.D., ABPdN, CST-T is a board certified pediatric neuropsychologist, psychotherapist, trainer in the Neurosequential Model of Therapeutics® (NMT), and teaching member of the STA/ISST. Dr. Freedle is the Clinical Director of Pacific Quest, an outdoor behavioral health program on the Big Island of Hawaii with a focus on holistic healing. Her private practice is Black Sand Neuropsychological Services in Hilo, Hawaii. She has published numerous professional journal articles and currently serves as Research Editor for the Journal of Sandplay Therapy.



*\*CE's sponsored by Pacific Quest. [www.pacificquest.org](http://www.pacificquest.org), approved by the American Psychological Association to sponsor continuing education for psychologists. This program is also approved by the NASW - Hawai'i Chapter for up to 12 Social Work continuing education contact hour(s). Contact [jenniferjones@pacificquest.org](mailto:jenniferjones@pacificquest.org) additional information and to request ADA accommodations.*