## Sandplay Therapists of Hawaii Foundations of Sandplay Series

## CHOP WOOD, CARRY WATER: THE SELF AND RETURN TO COLLECTIVE IN SANDPLAY

Wednesday, November 11, 2015





9:00 am – 4:30 pm Unitarian Church, 2500 Pali Highway, Honolulu, Hawaii Cost: \$150



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Before enlightenment, chop wood, carry water. After enlightenment, chop wood, carry water.

Zen Proverb

The Self experience is profound. When we touch this state of wholeness and grace after much effort and pain, our task then becomes carrying this experience forward in everyday life. During this interactive and experiential workshop we will review the appearance of Self in sandplay therapy, and the process of integration that follows. We will explore the case of a young man who was repeatedly challenged when after sandplay therapy his "return road of trials" ultimately took him to a war zone in Afghanistan.