Dr. Lorraine R. Freedle
Research and Publications List

Areas of research interest: Sandplay Therapy, Neuropsychology, Trauma Treatment, the Neurosequential Model of Therapeutics (NMT), Nature-based Treatment

PUBLICATIONS


Freedle, L. R. & Slagle, T. (2018). Application of the Neurosequential Model of Therapeutics (NMT) in an integrative outdoor behavioral healthcare program for adolescents and young


**MEDIA**


  - 2019 “Humanitarian and Social Justice Award” at Santa Fe Film Festival,
  - 2019 “Best Hawai’i Film” at the Honolulu Film Awards, and
  - 2019 Hawai’i Psychological Association Media Award for exceptional media contributions that promote psychological health and understanding.


- **6/15/15-** *Cultivating Change at Pacific Quest.* Answers 4 the Family Radio Show, [www.latalkradio.com](http://www.latalkradio.com). Los Angeles, CA.
RESEARCH PROJECTS IN PROCESS:

Foo, M. & Freedle, L. R. (---). The effect of sandplay therapy on the limbic system and prefrontal cortex in patients with generalized anxiety disorder (GAD).

Freedle, L. R., Souza, J., & Ram-Souza, V. (---). Stories in the Sand: A multicultural approach to disaster resilience during a volcanic eruption in Hawai‘i.

Freedle, L. R., Slagle, T., Goodwin-Downs, D. & Freedle, A.M. (---). Regulation to Resonance: The Neurosequential Model of Therapeutics (NMT) in nature-based treatment for young adults with emotional dysregulation.