

LORRAINE R. FREEDLE
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EDUCATION

Fielding Graduate University Santa Barbara, CA

Doctor of Philosophy in Clinical Psychology with a concentration in Neuropsychology
conferred May, 2006

Master of Arts in Psychology with an emphasis in Clinical Psychology conferred
December, 2002

Cumulative GPA: 3.97

University of Northern Colorado Greeley, CO

Educational Specialist in School Psychology conferred May, 2004

Cumulative GPA: 3.90

University of Hawaii Honolulu, HI

Master of Social Work with Mental Health Concentration conferred August, 1988

Cumulative GPA: 3.94

Pennsylvania State University University Park, PA

Bachelor of Arts in Social Work with High Distinction conferred May, 1986

Cumulative GPA: 3.85

LICENSURES

Licensed Psychologist (#1150), State of Hawaii

Licensed Psychologist (#1037), State of New Mexico

Licensed Clinical Social Worker (#3980), State of Hawaii

Licensed Independent Social Worker (Clinical #I-2145), State of New Mexico

Licensed School Psychologist (#269192), State of New Mexico, Department of Education

BOARD CERTIFICATIONS

Certified Diplomate in Pediatric Neuropsychology, American Board of Pediatric Neuropsychology

Certified Diplomate in School Neuropsychology, American Board of School Neuropsychology

Certified Diplomate in Psychotherapy, American Psychotherapy Association

Academy of Certified Social Workers, National Association of Social Workers

Nationally Certified School Psychologist, National School Psychology Certification Board
Certified Sandplay Therapist and Teaching Member- Sandplay Therapists of America
(STA)/International Society of Sandplay Therapists (ISST)
Neurosequential Model of Therapeutics® (NMT)- “Train-the-Trainer” and Site Certification through
the Child Trauma Academy

PROFESSIONAL MEMBERSHIPS

National Academy of Neuropsychology
American Psychological Association
American Psychotherapy Association
National Association of Social Workers
National Association of School Psychologists
International Society for Sandplay Therapy (ISST)
Sandplay Therapists of America (STA)- Board of Trustees, Research Committee Chair
Sandplay Therapists of Hawaii (STH)- Board of Directors, Vice President
Hawaii Psychological Association

PROFESSIONAL HONORS

- 1991 Child Welfare League of America’s Western Regional “Social Worker of the Year”, award presented February 28, 1991 in Washington, D.C.
- 1992 Hawaii Representative and National Finalist for the National Child Labor Committee Lewis Hine Award in honor of outstanding service to children and families.
- 1993 New Day Shelters “Employee of the Year”
- 1999 New Mexico Girl Scout Council “Woman of Distinction”
- 2008 STA Research Award in recognition of outstanding contribution in sandplay research.
- 2010 Finalist, Ethics in Business Award- UNM Anderson School of Management
- 2014 Pacific Quest “Outstanding Employee”
- 2015 Research Editor, Journal of Sandplay Therapy
- 2016 STA Research Award in recognition of outstanding contribution in sandplay research.

PUBLICATIONS

Freedle, L. R. (2017). Healing trauma through sandplay therapy: A neuropsychological perspective. In B. Turner, (Ed.), *The Routledge International Handbook of Sandplay Therapy*, NY: Routledge.

Freedle, L.R., Altschul, D.B., and Freedle, A.M. (2015). *The Role of Sandplay Therapy in the Treatment of Adolescents and Young Adults with Co-occurring Substance Use Disorders and Trauma*. Journal of Sandplay Therapy, XXIV (2), 127-145.

Freedle, L. R. (2007). *Sandplay Therapy with Brain Injured Adults: An Exploratory Qualitative Study*. *Journal of Sandplay Therapy*, XVI (2), 115-133.

Freedle, L. R. (2006). *Ese's Emancipation*. *Journal of Sandplay Therapy*, XV (1), 93-107.

Freedle, L. R. (2006). *Sandplay therapy and the individuation process in adults with moderate to severe traumatic brain injury: An exploratory qualitative study*. Doctoral Dissertation, Fielding Graduate University, Santa Barbara, CA.

HUMAN SERVICE EXPERIENCE

September 2013 through present- **Clinical Director**, Pacific Quest, Hilo, HI.

Provide clinical oversight and therapy services for therapeutic wilderness program with the Sustainable Growth™ integrative clinical practice model that utilizes NMT®, horticultural therapy, holistic wellness, rites of passage, experiential learning and evidence-based therapies to achieve transformative change. Supervise team of therapists and clinical psychologists in providing effective individual, group and family therapy, psychological evaluations, case coordination, team leadership, intervention planning, and crisis support. Conduct professional presentations, training, and educational activities.

October 2013 through present- **Owner and Operator**, Black Sand Neuropsychological Services, Inc., Hilo, HI.

Provide pediatric and school neuropsychological evaluations and consultation services; conduct sandplay therapy, personal process work, and research; conduct NMT® metric assessments ("brain maps"); provide supervision and consultation services for therapists and psychologists; train and consult on statewide, national and international level in children's behavioral health, clinical administration, trauma, neuropsychology, and sandplay therapy.

March 1995 through September 2013- **Co-Founder and Chief Clinical Officer**, TeamBuilders Counseling Services, Inc., Santa Fe, NM with offices in 23 counties in New Mexico, and on the Mescalero Apache reservation, and with subsidiaries in Albuquerque, NM and Texas.

Administrate multi-service, non-profit Children's Community Mental Health Center and designated Core Service Agency (CSA) in the State of New Mexico, credentialed through Medicaid, managed care, CYFD, and other third party payors. Site certified in NMT®. Annual budget in FY 2012-2013 for TeamBuilders, Inc. was \$24 million with over 600 employees and approximately 100 licensed clinical staff, including 25 clinical supervisors and directors under my supervision. Services include assessment, counseling, psychiatric care and telepsychiatry, psychological and neuropsychological evaluations, home-based family services, comprehensive community support services, infrastructure development for SED children, crisis intervention and critical incident response, multi-systemic therapy (MST), dialectical behavior therapy (DBT), sandplay therapy, school-based mental health

services (on-site in over 25 school districts), psychoeducational services, child abuse prevention, adoption counseling and home studies, treatment foster care, emergency shelter care, residential treatment, substance abuse treatment services, behavior management services, behavioral respite care, juvenile community corrections, and professional training and consultation. The agency also provides adult psychosocial rehabilitation services and adult community corrections services in several counties. Responsibilities include administrative and clinical oversight for all programs, direct service, policy and planning, grant writing, program development, staff development, and collaboration on local, state, and national levels.

Served on numerous State planning and quality assurance committees for children's behavioral health. Provided expert witness testimony. Certified as a Peer Reviewer for the Council on Accreditation (COA) and also trained to conduct reviews using the Quality Service Review (QSR) system.

Direct service duties include conducting neuropsychological and school neuropsychological evaluations, individual, group and family therapy, consultation and training on statewide, national and international level in children's behavioral health, trauma, and sandplay therapy.

February 2005 through June 2010- **Pediatric Neuropsychologist**, Zia Behavioral Health, LLP, Santa Fe, NM.

Provide psychotherapy, psychological, neuropsychological, and school neuropsychological services to children, families, and adults in an outpatient behavioral health group practice located in Santa Fe, NM.

August 2001 through August 2005- **School Psychologist**, Poudre School District, Fort Collins, CO

Conduct psychological evaluations for children referred to or receiving special education services. Evaluations routinely include cognitive, emotional, and behavioral assessment, and as needed ADHD, dyslexia, and/or other neuropsychological testing. Duties also include consultation with families, school personnel, and multi-disciplinary team, counseling and crisis intervention services, and critical incident response.

October 1992 through August 2005 - **Clinical Social Worker**, Private Practice.

Conduct outpatient psychotherapy (individual, group, and family therapy), psychosocial assessments, EAP services, adoption counseling, home studies, and sandplay therapy to children, adolescents, and adults. Provide professional training and clinical supervision. Joined Zia Behavioral Health professional group practice in 2005.

August 1994 through August 1995- **Clinical Director**, Youth Panorama, Inc., Tucumcari, NM

Designed, implemented, and supervised clinical services in therapeutic group home which serves emotionally troubled adolescents and their families. Conducted staff development.

Provided leadership in community-wide collaboration. Participated on local, State, and national levels regarding policy and programming.

June 1992 through July 1994 - **Clinical Director**, New Day, Inc., Albuquerque, NM

Designed, implemented, and supervised clinical services in various programs of the agency which serves emotionally troubled adolescents and their families. Programs included two (2) emergency shelters, two (2) residential treatment programs, one substance abuse prevention program, and intensive home based family services. Conducted staff development. Participated in policy and program development and community organization initiatives on the local, State, and national level.

December 1990 through May 1992 – **Group Homes Program Director III**, Child and Family Service, Honolulu, HI

Administered program of six (6) therapeutic group homes for emotionally troubled adolescents with a budget of over \$2 million and 64 employees. Wrote grants, served on State coalitions, and supervised both the clinical and administrative program components.

December 1988 through August 1991- **Social Worker IV** for Monarch House Group Home of Child and Family Service, Honolulu, HI

Provided psychosocial assessments, treatment plans, case management, and individual, group, and family therapy to adolescents in community-based residential treatment. Promoted to Group Homes Program Director III in December, 1990, but continued performing Social Worker IV duties until the vacancy was filled in August, 1991.

August 1987 through December 1988- **Mental Health Specialist / Case Manager** in the Extended Psychiatric Treatment Program for Adolescents at Kahi Mohala Psychiatric Hospital, Ewa Beach, HI

Worked as part of a multi-disciplinary team, utilized skills of case management, milieu therapy, and individual counseling.

UNIVERSITY INSTRUCTOR EXPERIENCE

Present: **Adjunct Faculty**, Southwestern College in Santa Fe, NM for graduate level course *Foundations of Jungian Sandplay Therapy* and other courses in sandplay therapy and research.

2010- 2012: **Instructor**, University of California, San Diego for graduate level course: *Healing Trauma with Sandplay Therapy*.

2004 -2013: **Guest Lecturer** to graduate students at Eastern New Mexico University, University of New Mexico, New Mexico Highlands University, and Southwestern College for various classes including those addressing abnormal psychology, developmental psychology, social work, research, counseling techniques, sandplay therapy, and assessment.

1994- present - **Field Instructor** to graduate students in the following programs:

- Naropa University, Boulder, CO, MA Clinical Mental Health Counseling, Transpersonal Wilderness Therapy
- New Mexico Highlands University, BSW, MSW Programs
- Eastern New Mexico University, MA Counseling Psychology Program
- Southwestern College, MA Counseling and Art Therapy Programs
- Liberty University, MA Counseling Psychology Program
- University of Texas at Austin, MSSW Program
- University of Phoenix, MA Counseling Program
- Pacifica Graduate Institute, Doctoral Program- Clinical Psychology
- Adams State University, MA Clinical Mental Health Counseling Program

CONFERENCE PRESENTATIONS

- 06/1998- **Respiro: Implementing Behavioral Respite Care Programming for Families of Children with Serious Emotional Disturbances or Neurobiological Disorders.** Child and Adolescent Service System Project National Conference sponsored by the US Department of Health and Human Services and the National Technical Assistance Center for Children's Mental Health. Orlando, FL.
- 03/1999- **Empowering and Engaging Youth.** Strengthening Community Partnerships Regional Conference. Tucumcari, NM.
- 04/1999- **Cultivating Your Resources: Utilizing Paraprofessional and Wraparound Services in Rural Communities.** New Mexico Summit on Children's Mental Health. Albuquerque, NM.
- 05/2008- **Sandplay Therapy and Traumatic Brain Injury: Research and Clinical Practice.** Presented at Sandplay Therapists of America National Conference, Savannah, GA and at many regional conferences since.
- 09/24/09- **The Wisdom of Generations and the Power of Witness in Sandplay.** New Mexico Society for Sandplay Annual Conference, Santa Fe, NM.
- 10/2009- Key note panel: **"Promising Practices: Alternative Therapies for Persons with Brain Injury."** Breakout session: **"Choosing Life after TBI."** National Association of State Head Injury Administrators National Conference, Santa Fe, NM.
- 03/06/10- **With Open Eyes and Open Heart: Competency-Based Clinical Supervision (Including Legal, Ethical and Practical implications).** NMASERVIC Annual Conference, Santa Fe, NM.
- 06/3, 4, & 5/10- **Research in Sandplay, Sandplay and the Alchemical Journey, and The Neuropsychology of Sandplay.** Sandplay Therapists of America National Conference, Boulder, CO.

- 11/3,4/10- **Core Competencies in Treatment Foster Care (TFC)**. New Mexico Children, Youth and Families Department (CYFD), TFC Best Practices Conference, Santa Fe, NM.
- 09/28/11- **Fetal Alcohol Spectrum Disorders**. Roswell School Health Conference, Roswell, NM.
- 10/19/11- **Trauma-Informed Care; Pediatric Brain Injury**. New Mexico Behavioral Health Services Division, Core Service Agency (CSA) Conference, Los Lunas, NM.
- 4/19/12- **Ready? Set. Go! A Collaborative School Readiness Program for Students with Severe Behavioral Disorders**. New Mexico *Head to Toe* Conference on School Health, Albuquerque, NM
- 5/31/12- **Sandplay and Trauma-Informed Practice**. Pre-conference institute at the Sandplay Therapists of America National Conference, Berkeley, CA.
- 5/31/13- 6/1/13- **Sandplay FUNDamentals and Healing Trauma through Somatosensory Aspects of Sandplay Therapy**. Sandplay Therapists of America National Assembly in Albuquerque, NM.
- Spring, 2013- **Trauma-Informed Care in the Child Welfare System**. Presented throughout the state of New Mexico to over 400 child welfare workers, judges, and family court attorneys on behalf of the Children's Court Improvement Commission and UNM Children's Law Center.
- 8/3/13- **The Mosaic Mask: Neural Integration, Trauma and Sandplay**. The 22nd International Congress for Sandplay Therapy (ISST), Venice, Italy.
- 12/12-13/13- **Child Development and Forensic Interviewing, Trauma in Children, and Preventing Secondary Traumatic Stress**. Presented these three workshops at the annual training for the Hawaii County Prosecutor's Office, Hilo, HI.
- 2/6/14- **A Horticultural Perspective of Integrative Wellness, Rites of Passage, and Future Therapeutic Programs**. Presented with Travis Slagle at the National Association of Therapeutic Schools and Programs (NATSAP) Annual Conference, Las Vegas, NV.
- 2/18/14- **Failure to Launch Speakers Panel: Why are we seeing such a sharp increase in struggling young adults?** Edge Learning and Wellness Collegiate Community, Chicago, IL.
- April 23-28, 2014- **Trauma, Sandplay and the Brain**. 6-day continuing education course for psychologists and play therapists. Johannesburg, South Africa.

- 5/9/14- **When to go Neuro: Using Neuropsychological Evaluations to Inform Educational and Therapeutic Decision-Making.** Independent Educational Consultants Association (IECA) Spring Conference, Indianapolis, IN.
- 6/5/14- **La Llorona Weeps: Neural Integration, Sandplay and Traumatic Grief.** Preconference institute presented at the Sandplay Therapists of America National Conference in Seattle, WA. Subsequently presented at regional conferences including 9/6/14 in Denver (CSTA), 10/10/14 in Philadelphia (MASTG), 11/13/14 in Honolulu (HST), and 3/1/15 in Los Angeles (C.G. Jung Institute).
- 6/11/14- **The Neurosequential Model of Therapeutics, Sandplay, and Traumatic Grief: Somatosensory Pathways to Transformative Healing.** Neurosequential Model of Therapeutics® (NMT) Inaugural Symposium in Banff Center, Alberta, Canada.
- 9/5/14- **From Addiction to Authentic Living: An Integrative, Neurodevelopmental Approach to Helping Young Adults Find Meaning and Purpose.** Presented with Maile Green, ND, LAc, RN at the Young Adult Treatment Association (YATA) Annual Conference, Boulder, CO.
- 10/12/14- **Greener Pathways to Transformative Healing: A Neurodevelopmental Perspective of Horticultural Therapy.** Presented with Travis Slagle at the American Horticultural Therapy Association Annual Conference, Philadelphia, PA.
- 11/11/14- **Neuroscience, Trauma and Sandplay Therapy.** Presented with Pratibha Eastwood, PhD, CST-T, SEP. Sandplay Therapists of Hawaii, Sandplay Training Series, Honolulu, Hawaii.
- 10/18/15- **The Archetype of Play.** Southwestern College, Santa Fe, NM.
- 10/24/15- **Transformative Healing from Traumatic Grief.** Keynote presentation at Golden Willow Professional Conference Series, *Transforming Shame*, Santa Fe, NM.
- 11/11/15- **Chop Wood, Carry Water: The Self and Return in Sandplay.** Sandplay Therapists of Hawaii, Sandplay Training Series, Honolulu, Hawaii.
- 2/11/16- **From Superpower to Darkest Hour: Giftedness. Why does it matter?** Presented with Dan Peters, PhD at the National Association of Therapeutic Schools and Programs (NATSAP) Annual Conference, San Diego, CA.
- 5/18/16- **The Archetype of Play and the Neuroception of Safety: Primal Change Agents.** Santa Barbara, CA.
- 6/4/16- **Making Connections: The Neuropsychology of Sandplay Therapy.** Plenary session presented at the Sandplay Therapists of America National Conference in Chicago, IL.

- 6/8-10/16- **Regulation to Resonance: The Neurosequential Model of Therapeutics® (NMT) in Nature-Based Treatment.** Workshop presented with Travis Slagle, MA. Research and poster presented with Agata Freedle, MA at the NMT Symposium in Banff Center, Alberta, Canada.
- 10/20/16- **After the Towers Fell: Treating Young People Impacted by Trauma in the Shadow of Modern Day Terrorism.** Young Adult Treatment Association (YATA) Annual Conference, Coeur d'Alene, ID.
- 11/3/16- **The Gut-Brain Connection: Emerging Trends in Integrative Health.** Presented with Britta Zimmer, ND at the Independent Educational Consultants Association (IECA) Fall Conference in New Orleans, LA.
- 11/11/16- **After the Towers Fell: Healing Trauma through Sandplay Therapy.** Sandplay Therapists of Hawaii, Sandplay Training Series, Honolulu, Hawaii.

Ongoing: Conduct trainings on selected topics in child psychotherapy, pediatric neuropsychology, trauma, sandplay therapy, clinical supervision, wraparound, risk management, ADHD, autism, traumatic brain injury, fetal alcohol spectrum disorders, recovery management, crisis intervention, positive behavioral support, school-based behavioral health, Assessment, Intervention and IDEA, System of Care for Children with SED/NBD, Comprehensive Community Support Services, and Behavior Management Skills Development.

MEDIA

- 6/15/15- **Cultivating Change at Pacific Quest.** Answers 4 the Family Radio Show, www.lataalkradio.com. Los Angeles, CA.

INTERNSHIPS, PRACTICA, EXTERNSHIPS, AND VOLUNTEER EXPERIENCES

- 2006-07 Post-doctoral supervised practice, Zia Behavioral Health and TeamBuilders Counseling Services, Santa Fe, NM. Supervisors: Thomas L. Bennett, Ph.D., ABNP, ABPP and Noah Kaufman, Ph.D.
- 2006-07 School Neuropsychology Postgraduate Certification Program, Texas Woman's University. Supervisors: Mary Joann Lang, Ph.D., ABPN and Daniel Miller, Ph.D., ABPP, ABSNP.
- 2004-05 Doctoral Internship in Clinical Neuropsychology, Center for Neurorehabilitation Services, Fort Collins, CO. Supervisor: Thomas L. Bennett, Ph.D., ABNP, ABPP.
- 2003-04 EdS- School Psychology Internship, Poudre School District, Fort Collins, CO. Supervisor: Gladys Wolff, Psy.D.
- 2003 Teaching Assistant, Cognitive Assessment for Intervention, University of Northern Colorado, Greeley, CO. Instructor: Achilles Bardos, Ph.D.
- 2002 Doctoral Research Practicum, Cognitive Development Center, University of Denver, Denver, CO. Director: Yuko Munakata, Ph.D.

- 2001-02 Doctoral Practicum, University of Denver Developmental Neuropsychology Clinic,
Denver, CO.
Director: Bruce Pennington, Ph.D.
- 2001 Doctoral Practicum, Poudre School District, Fort Collins, CO. Supervisor: Gladys Wolff,
Psy.D.
- 1993-94 Externship in working with Juvenile Sex Offenders, Supervisor: William Matthews, Ph.D.
contracted by New Day, Inc. Albuquerque, NM.
- 1989-90 Externship in Art Therapy, Supervisor: Beth Stone, MA, ATR contracted by Child and
Family Service, Honolulu, HI.
- 1987-88 MSW Clinical Internship, Kahi Mohala Psychiatric Hospital, Ewa Beach, HI
- 1987 MSW Field Placement, Adult Friends for Youth, University of Hawaii, Honolulu, HI
- 1986 Group Facilitator and Employment Counselor, Navy Family Services, NAS, Miramar, CA
- 1986 Loan Interviewer and Budget Counselor, Navy Relief Society, NAS, Miramar, CA
- 1986 Life Skills Counselor, Centre House Homeless Shelter, State College, PA
- 1986 Teaching Assistant, Social Work Methods, Penn State University, University Park, PA
- 1985 Undergraduate Field Placement, Social Worker, Delco Children and Youth Services,
Media, PA
- 1984 Women's Issues Counselor and Lab Tech, Planned Parenthood, Yeadon and Paoli, PA
- 1983 Physical Education / Weight Room Instructor, Delco Juvenile Detention Center, Lima, PA

UNIVERSITY HONORS

- ◆ Phi Beta Kappa
- ◆ 1986 Ernest B. McCoy Award for athletic and academic excellence (Penn State Scholar Athlete)
- ◆ 1986 John W. Oswald President's Award for individual achievement and inspirational student leadership
- ◆ 1985 Captain of the PSU Women's Field Hockey Team
- ◆ 1984, 1985 NCAA Championships, Women's Field Hockey
- ◆ 1984 John Henry Frizzell Award for superior academic achievement/extra-curricular student activities
- ◆ 1982-86 Penn State University Women's Field Hockey, Women's Lacrosse Teams